

Cape Elizabeth Land Trust

Triathlon

2005

Cape Elizabeth, Maine

September 25, 2005

Results by Class

OVERALL PLACE	PLACE IN SEX	PLACE IN CLASS	BIB	SEX	AGE	CLASS	NAME	HOMETOWN	STATE	SWIM TIME	PLACE IN SWIM	BICYCLE TIME	PLACE IN BICYCLE	RUN TIME	PLACE IN RUN	OVERALL TIME
55	14	1	90	F	14	Women 01-19	McKayla Dunfey	Cape Elizabeth	ME	09:20.9	(71)	0:34:35.9	(48)	25:28.9	(62)	1:09:25.6
61	18	2	27	F	12	Women 01-19	Lindsay Rand	Cape Elizabeth	ME	07:16.5	(18)	0:39:00.7	(90)	24:28.1	(54)	1:10:45.2
79	30	3	25	F	12	Women 01-19	abby armstrong	cape elizabeth	ME	07:37.9	(31)	0:42:19.7	(107)	25:48.0	(67)	1:15:45.5
81	31	4	149	F	14	Women 01-19	Andrea Nakamura	Brunswick	ME	06:51.6	(13)	0:36:15.5	(67)	33:01.0	(107)	1:16:08.1
32	7	1	148	F	24	Women 20-24	Katie Sullivan	Peaks Island	ME	07:51.7	(36)	0:33:49.0	(42)	22:25.4	(26)	1:04:06.1
57	15	2	45	F	24	Women 20-24	Amy Thomes	South Portland	ME	08:33.6	(55)	0:35:33.0	(56)	25:58.8	(69)	1:10:05.4
			39	F	23	Women 20-24	Melissa Heselton	Portland	ME	#N/A		#N/A		#N/A		DNF
39	11	1	9	F	27	Women 25-29	Nicole Pisani	Westbrook	ME	07:20.5	(22)	0:34:45.0	(53)	23:29.3	(45)	1:05:34.8
42	12	2	79	F	28	Women 25-29	Kristen Mitchell	Portland	ME	08:38.9	(59)	0:36:24.0	(70)	21:02.4	(15)	1:06:05.3
62	19	3	38	F	25	Women 25-29	Bryn Carlson	Portland	ME	11:44.9	(105)	0:35:56.2	(64)	23:25.5	(44)	1:11:06.6
85	34	4	52	F	29	Women 25-29	jamie petrus	portland	ME	09:51.1	(86)	0:39:13.0	(91)	27:32.3	(76)	1:16:36.4
91	38	5	85	F	29	Women 25-29	Laura Charland	Hollis Center	ME	10:49.0	(98)	0:36:45.8	(71)	31:10.9	(98)	1:18:45.6
			19	F	28	Women 25-29	Amy Davis	Poland	ME	#N/A		#N/A		#N/A		DNF
15	5	1	17	F	34	Women 30-34	Robin Carlson	Gorham	ME	08:17.2	(47)	0:30:09.1	(16)	20:51.8	(13)	0:59:18.1
34	8	2	23	F	30	Women 30-34	Chelsea Dugan	Falmouth	ME	07:39.0	(32)	0:33:37.3	(39)	23:00.5	(39)	1:04:16.9
60	17	3	78	F	31	Women 30-34	Patricia LeFevre	Falmouth	ME	09:54.8	(88)	0:40:24.5	(98)	20:20.2	(10)	1:10:39.5
63	20	4	20	F	32	Women 30-34	Denielle Edlund	Lebanon	NH	07:19.5	(21)	0:36:21.7	(68)	27:51.3	(78)	1:11:32.5
69	25	5	43	F	31	Women 30-34	Kristina Turner	South Portland	ME	08:31.3	(53)	0:36:48.2	(72)	26:40.9	(73)	1:12:00.4
74	27	6	81	F	32	Women 30-34	Dotty Roukey	Portland	ME	08:02.3	(42)	0:35:52.8	(63)	28:46.1	(87)	1:12:41.1
82	32	7	86	F	31	Women 30-34	Susan Stinson	South Portland	ME	09:45.6	(82)	0:40:39.0	(99)	25:45.6	(66)	1:16:10.2
94	39	8	83	F	34	Women 30-34	Heather Harker	Marlborough	MA	09:26.7	(74)	0:38:35.6	(85)	31:37.1	(102)	1:19:39.4
98	42	9	76	F	31	Women 30-34	Sarah Gagne	South Portland	ME	08:43.0	(64)	0:40:49.7	(100)	30:27.7	(93)	1:20:00.4
111	52	10	97	F	33	Women 30-34	Maureen Curran	South Portland	ME	09:59.7	(90)	0:43:17.3	(108)	37:47.8	(111)	1:31:04.8
			7	F	34	Women 30-34	Alexis Rog	Cumberland	ME	#N/A		#N/A		#N/A		DNF
6	2	1	22	F	39	Women 35-39	Erin Brennan	Portland	ME	07:01.9	(15)	0:27:28.3	(5)	20:18.6	(9)	0:54:48.9
9	3	2	12	F	36	Women 35-39	Carrie McCusker	Cape Elizabeth	ME	07:03.9	(16)	0:28:59.1	(11)	21:09.1	(16)	0:57:12.1
28	6	3	11	F	39	Women 35-39	Tracey Weatherbie	Cape Elizabeth	ME	07:53.1	(38)	0:34:07.2	(44)	20:57.2	(14)	1:02:57.5
38	10	4	60	F	35	Women 35-39	Kathryn Morrison	Freeport	ME	08:47.0	(67)	0:33:05.4	(33)	23:32.6	(46)	1:05:25.0
68	24	5	102	F	37	Women 35-39	Katy Ryan	Portland	ME	08:26.3	(51)	0:35:13.4	(55)	28:09.9	(82)	1:11:49.6
95	40	6	41	F	35	Women 35-39	Denise Martinez	New Castle	NH	08:40.6	(61)	0:41:10.2	(104)	29:54.5	(90)	1:19:45.3
104	48	7	92	F	36	Women 35-39	Suzanne Chase	Bowdoin	ME	12:08.0	(107)	0:38:12.6	(83)	30:45.1	(96)	1:21:05.7
105	49	8	94	F	36	Women 35-39	Stacey Rogers	Falmouth	ME	11:23.0	(103)	0:39:38.9	(93)	30:50.6	(97)	1:21:52.5
110	51	9	118	F	35	Women 35-39	Kristy Truluck	Bath	ME	10:50.7	(99)	0:41:57.8	(106)	34:32.0	(110)	1:27:20.6
			114	F	35	Women 35-39	stephenie babineau	woolwich	ME	10:56.2	(100)	1:01:04.2	(112)	#####	(0)	DNF
			49	F	37	Women 35-39	Amy Carlisle	Falmouth	ME	#N/A		#N/A		#N/A		DNF
1	1	1	5	F	40	Women 40-44	Catharine Payson	Cape Elizabeth	ME	06:03.6	(7)	0:26:11.7	(1)	19:24.1	(4)	0:51:39.4
10	4	2	48	F	40	Women 40-44	Alex Miller	Cape Elizabeth	ME	08:04.8	(43)	0:27:57.0	(8)	22:05.8	(23)	0:58:07.7
65	21	3	32	F	40	Women 40-44	cynthia dill	cape elizabeth	ME	09:28.7	(75)	0:37:09.7	(76)	25:00.5	(61)	1:11:38.9

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September 25, 2005
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OVERALL PLACE	PLACE IN SEX	PLACE IN CLASS	BIB	SEX	AGE	CLASS	NAME	HOMETOWN	STATE	SWIM TIME	PLACE IN SWIM	BICYCLE TIME	PLACE IN BICYCLE	RUN TIME	PLACE IN RUN	OVERALL TIME
67	23	4	18	F	44	Women 40-44	Debbie Colbert	Topsfield	MA	08:10.4	(44)	0:38:52.8	(89)	24:42.6	(57)	1:11:45.9
97	41	5	26	F	42	Women 40-44	Allison Landes	Cape Elizabeth	ME	08:19.9	(48)	0:40:05.9	(97)	31:31.6	(101)	1:19:57.4
103	47	6	70	F	40	Women 40-44	Carey Rasco	Cape Elizabeth	ME	08:23.1	(49)	0:41:00.5	(102)	31:23.7	(99)	1:20:47.3
37	9	1	10	F	49	Women 45-49	Sarah MacColl	Cape Elizabeth	ME	06:57.9	(14)	0:35:35.7	(59)	22:42.4	(31)	1:05:15.9
52	13	2	56	F	45	Women 45-49	Beth Rand	Cape Elizabeth	ME	09:57.0	(89)	0:36:14.3	(66)	22:49.0	(34)	1:09:00.3
58	16	3	69	F	46	Women 45-49	Beatrice Logan	Cape Elizabeth	ME	08:35.9	(56)	0:34:39.9	(52)	27:09.9	(75)	1:10:25.7
66	22	4	47	F	48	Women 45-49	Patty Medina	Cape Elizabeth	ME	07:43.4	(33)	0:37:05.5	(75)	26:51.5	(74)	1:11:40.5
70	26	5	42	F	45	Women 45-49	Kristy Pulsifer	South Portland	ME	11:37.1	(104)	0:35:03.9	(54)	25:30.4	(63)	1:12:11.4
77	28	6	61	F	46	Women 45-49	Anne Nakamura	Brunswick	ME	08:25.4	(50)	0:36:08.0	(65)	30:26.4	(92)	1:14:59.8
78	29	7	87	F	49	Women 45-49	Joni Hewitt	Cape Elizabeth	ME	09:29.5	(76)	0:35:44.3	(61)	30:20.4	(91)	1:15:34.2
86	35	8	105	F	49	Women 45-49	Patricia Franson	Cape Elizabeth	ME	09:47.8	(84)	0:34:37.2	(50)	32:51.1	(106)	1:17:16.0
90	37	9	72	F	46	Women 45-49	Janice Reale-Hatem	Cape Elizabeth	ME	09:40.8	(81)	0:41:09.7	(103)	27:53.6	(80)	1:18:44.2
99	43	10	89	F	48	Women 45-49	Winnie Smith	Newburyport	MA	09:31.0	(77)	0:38:40.8	(87)	32:04.9	(103)	1:20:16.8
100	44	11	95	F	49	Women 45-49	Sandi Francoeur	Windham	ME	10:56.9	(101)	0:38:02.4	(82)	31:29.0	(100)	1:20:28.3
108	50	12	40	F	49	Women 45-49	Sabrina Loring	South Portland	ME	12:44.8	(109)	0:39:44.4	(95)	34:02.2	(109)	1:26:31.4
			116	F	49	Women 45-49	Mary-Elizabeth Carolan	Scarborough	ME	#N/A		#N/A		#N/A		DNF
89	36	1	66	F	54	Women 50-54	Sheila Grace	Cape Elizabeth	ME	10:21.6	(93)	0:37:33.4	(78)	30:44.5	(95)	1:18:39.5
102	46	2	93	F	52	Women 50-54	Linda Levesque	Brunswick	ME	12:27.1	(108)	0:37:33.7	(79)	30:37.6	(94)	1:20:38.3
101	45	1	100	F	57	Women 55-59	Michele Flynn	Cape Elizabeth	ME	10:47.4	(97)	0:40:53.3	(101)	28:55.9	(88)	1:20:36.7
84	33	1	99	F	60	Women 60+	Robin McCarthy	Portland	ME	08:27.9	(52)	0:38:36.1	(86)	29:19.4	(89)	1:16:23.4
			115	M	24	Men 20-24	Matthew Ouellette	Biddeford	ME	#N/A		#N/A		#N/A		DNF
30	16	1	103	M	27	Men 25-29	Justin Wiley	Cape Elizabeth	ME	10:05.7	(91)	0:32:06.6	(26)	21:27.0	(18)	1:03:39.3
45	22	2	75	M	29	Men 25-29	Todd Frehsee	Brattleboro	VT	09:50.9	(85)	0:33:59.9	(43)	22:57.0	(38)	1:06:47.8
53	29	3	28	M	26	Men 25-29	Joshua Neudel	Brookline	MA	07:45.4	(34)	0:36:53.7	(73)	24:43.0	(58)	1:09:22.1
56	31	4	119	M	29	Men 25-29	Ryan Kenna	Lebanon	NH	06:28.7	(10)	0:39:17.8	(92)	23:53.3	(49)	1:09:39.8
13	6	1	31	M	33	Men 30-34	Cade Blackburn	Cape Elizabeth	ME	07:29.2	(24)	0:28:50.2	(10)	22:28.5	(28)	0:58:47.9
18	7	2	74	M	32	Men 30-34	Khashayar Farsad	Lebanon	NH	08:14.6	(45)	0:29:19.7	(12)	22:26.7	(27)	1:00:00.9
50	27	3	57	M	31	Men 30-34	Mark Algara	Portland	ME	08:43.3	(65)	0:33:18.1	(36)	26:17.7	(71)	1:08:19.1
51	28	4	51	M	32	Men 30-34	Curt Jensen	portland	ME	09:46.1	(83)	0:33:16.9	(35)	25:50.9	(68)	1:08:54.0
87	40	5	109	M	32	Men 30-34	Steve Stinson	South Portland	ME	15:10.7	(111)	0:38:50.9	(88)	23:24.0	(42)	1:17:25.6
88	41	6	106	M	31	Men 30-34	Todd Ross	South Portland	ME	08:16.8	(46)	0:44:39.3	(110)	24:39.4	(56)	1:17:35.5
92	42	7	113	M	34	Men 30-34	Paul Hawkes	south portland	ME	17:35.1	(113)	0:38:33.3	(84)	22:48.4	(33)	1:18:56.9
2	1	1	3	M	36	Men 35-39	Steve Tenney	Falmouth	ME	05:16.5	(2)	0:26:53.5	(3)	19:33.0	(6)	0:51:43.0
4	2	2	4	M	36	Men 35-39	Peter Cooke	south portland	ME	05:49.3	(5)	0:27:49.7	(6)	19:23.2	(3)	0:53:02.1
19	8	3	150	M	36	Men 35-39	Steve Johnson	Shapleigh	ME	07:32.5	(26)	0:30:12.6	(17)	23:03.8	(40)	1:00:49.0

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20	9	4	59	M	37	Men 35-39	Brian King	Portland	ME	08:51.0	(69)	0:29:33.2	(14)	22:48.4	(32)	1:01:12.6
25	13	5	35	M	35	Men 35-39	Peter Kelley	Cape Elizabeth	ME	07:18.5	(20)	0:31:38.6	(23)	22:54.4	(36)	1:01:51.5
26	14	6	55	M	39	Men 35-39	Tom Brady	Cape Elizabeth	ME	09:25.0	(73)	0:32:08.8	(27)	20:49.5	(12)	1:02:23.3
43	21	7	77	M	37	Men 35-39	Steve Leeman	Scarborough	ME	07:57.5	(41)	0:33:42.8	(41)	24:44.9	(59)	1:06:25.2
49	26	8	98	M	36	Men 35-39	Andrew Souza	South Portland	ME	10:19.9	(92)	0:34:08.8	(45)	23:50.3	(48)	1:08:19.0
80	38	9	88	M	36	Men 35-39	Michael Chase	Bowdoin	ME	12:06.1	(106)	0:35:35.4	(58)	28:21.0	(86)	1:16:02.5
93	43	10	110	M	38	Men 35-39	Tom Laprade	Cape Elizabeth	ME	11:19.3	(102)	0:39:41.6	(94)	28:00.9	(81)	1:19:01.8
			53	M	39	Men 35-39	jared prentiss	portland	ME	09:51.2	(87)	#N/A	(0)	#N/A	(0)	DNF
7	3	1	29	M	40	Men 40-44	Michael Harley-Stead	South Portland	ME	06:44.2	(11)	0:28:19.0	(9)	20:12.8	(8)	0:55:15.9
27	15	2	111	M	44	Men 40-44	Rory Strunk	Cape Elizabeth	ME	08:31.3	(54)	0:30:43.7	(19)	23:25.5	(43)	1:02:40.5
46	23	3	68	M	43	Men 40-44	Andrew Landes	Cape Elizabeth	ME	09:31.4	(78)	0:33:39.9	(40)	23:56.4	(50)	1:07:07.7
47	24	4	84	M	44	Men 40-44	Mike Takach	Cape Elizabeth	ME	07:55.2	(39)	0:35:41.1	(60)	24:08.3	(52)	1:07:44.5
48	25	5	71	M	42	Men 40-44	Chris Rasco	Cape Elizabeth	ME	07:26.3	(23)	0:32:58.2	(31)	27:53.1	(79)	1:08:17.6
59	32	6	96	M	43	Men 40-44	tom vaughan	cape elizabeth	ME	09:31.4	(79)	0:37:54.3	(81)	23:05.1	(41)	1:10:30.8
109	47	7	91	M	41	Men 40-44	Tom Rich	Cape Elizabeth	ME	15:46.0	(112)	0:37:46.3	(80)	33:13.1	(108)	1:26:45.4
			58	M	42	Men 40-44	Drew Gattine	Westbrook	ME	08:43.3	(66)	#N/A	(0)	#N/A	(0)	DNF
			14	M	43	Men 40-44	Peter Bottomley	Cape Elizabeth	ME	#N/A		#N/A		#N/A		DNF
			73	M	42	Men 40-44	Robert Emple	Falmouth	ME	#N/A		#N/A		#N/A		DNF
11	5	1	120	M	49	Men 45-49	Paul Niehof			08:37.3	(57)	0:27:06.6	(4)	22:37.2	(30)	0:58:21.1
21	10	2	33	M	45	Men 45-49	Anthony Dobaj	Cape Elizabeth	ME	08:40.7	(62)	0:30:54.0	(20)	21:41.3	(21)	1:01:16.1
23	11	3	117	M	46	Men 45-49	Ted Fogen	Cape Elizabeth	ME	07:37.1	(30)	0:31:39.9	(24)	22:15.7	(25)	1:01:32.7
24	12	4	37	M	45	Men 45-49	Jeff Rand	Cape Elizabeth	ME	07:52.5	(37)	0:34:19.3	(47)	19:34.0	(7)	1:01:45.7
31	17	5	80	M	49	Men 45-49	JEFF ROSENBLATT	Gorham	ME	09:36.5	(80)	0:32:16.1	(29)	21:52.4	(22)	1:03:45.0
33	18	6	15	M	47	Men 45-49	tom clarke	cape elizabeth	ME	07:29.9	(25)	0:34:36.6	(49)	22:08.6	(24)	1:04:15.0
35	19	7	36	M	47	Men 45-49	Bo Norris	Cape Elizabeth	ME	07:47.3	(35)	0:34:12.9	(46)	22:54.3	(35)	1:04:54.5
40	20	8	46	M	49	Men 45-49	Jeffrey Shedd	Cape Elizabeth	ME	08:39.8	(60)	0:33:01.4	(32)	24:02.8	(51)	1:05:44.0
54	30	9	54	M	45	Men 45-49	James Favreau	Brunswick	ME	09:25.0	(72)	0:31:46.2	(25)	28:12.7	(83)	1:09:23.9
75	37	10	65	M	47	Men 45-49	Richard Bryant	Cape Elizabeth	ME	10:31.2	(95)	0:39:56.8	(96)	22:55.2	(37)	1:13:23.2
96	44	11	21	M	46	Men 45-49	GREGORY NORTON	SOUTH PORTLAND	ME	10:36.7	(96)	0:43:43.2	(109)	25:32.8	(65)	1:19:52.7
106	45	12	108	M	49	Men 45-49	Carl Franson	Cape Elizabeth	ME	19:07.0	(114)	0:35:35.1	(57)	28:17.2	(84)	1:22:59.2
107	46	13	104	M	46	Men 45-49	Daniel Bruzgo	Cape Elizabeth	ME	12:49.3	(110)	0:48:17.4	(111)	24:37.3	(55)	1:25:44.0
8	4	1	24	M	53	Men 50-54	Peter LaFond	Falmouth	ME	06:16.2	(9)	0:27:54.6	(7)	21:09.8	(17)	0:55:20.5
64	33	2	50	M	52	Men 50-54	William Wanzer	Cape Elizabeth	ME	08:37.9	(58)	0:36:22.9	(69)	26:32.5	(72)	1:11:33.3
71	34	3	16	M	54	Men 50-54	Tom Egan	Cape Elizabeth	ME	07:35.9	(28)	0:32:18.9	(30)	32:17.0	(104)	1:12:11.8
72	35	4	107	M	50	Men 50-54	Gerard Salvo	Portland	ME	08:59.2	(70)	0:37:14.7	(77)	26:07.4	(70)	1:12:21.3
73	36	5	67	M	51	Men 50-54	Kenneth Gray	Cape Elizabeth	ME	07:34.9	(27)	0:37:04.7	(74)	27:50.6	(77)	1:12:30.1
			112	M	57	Men 55-59	James Halldorson	Sover	NH	#N/A		#N/A		#N/A		DNF
83	39	1	101	M	64	Men 60+	Ted McCarthy	Portland	ME	10:22.9	(94)	0:33:32.2	(38)	32:23.6	(105)	1:16:18.8

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3	1	1	8		51	Relay Team	Team	Barksdales	Cape Elizabeth	MA	06:10.4	(8)	0:26:41.4	(2)	19:27.2	(5)	0:52:18.9
5	2	2	2		49	Relay Team	Team	Baetis	Cape Elizabeth	ME	04:52.2	(1)	0:30:26.1	(18)	17:44.1	(2)	0:53:02.4
12	3	3	6		17	Relay Team	Team	Cape Nordic	Cape Elizabeth	ME	06:00.6	(6)	0:32:11.6	(28)	20:25.8	(11)	0:58:37.9
14	4	4	62		46	Relay Team	Team	Old Port Title	Cape Elizabeth	ME	07:56.8	(40)	0:29:26.7	(13)	21:28.6	(19)	0:58:52.1
16	5	5	63		14	Relay Team	Team	Rand/Boyington/La	Cape Elizabeth	ME	07:06.1	(17)	0:34:38.1	(51)	17:40.2	(1)	0:59:24.3
17	6	6	34		12	Relay Team	Emily	Hollyday	Cape Elizabeth	ME	08:49.0	(68)	0:29:39.8	(15)	21:31.5	(20)	1:00:00.3
22	7	7	1			Relay Team	Team	Nora Daly			05:33.5	(3)	0:33:28.7	(37)	22:30.0	(29)	1:01:32.2
29	8	8	30		45	Relay Team	Team	Gail Osgood	Cape Elizabeth	ME	07:36.3	(29)	0:31:03.7	(22)	24:51.9	(60)	1:03:32.0
36	9	9	44		14	Relay Team	Team	Three Warriors	Cape Elizabeth	ME	05:34.8	(4)	0:35:52.2	(62)	23:42.9	(47)	1:05:09.8
41	10	10	82		53	Relay Team	Team	hillman buxton an	Cape Elizabeth	ME	08:41.0	(63)	0:33:15.0	(34)	24:08.9	(53)	1:06:05.0
44	11	11	64		34	Relay Team	Team	SO FREE TRI TEAM	South Portland	ME	07:18.3	(19)	0:30:59.3	(21)	28:20.7	(85)	1:06:38.3
76	12	12	13		43	Relay Team	Team	Three's Company	Cape Elizabeth	ME	06:47.6	(12)	0:41:32.1	(105)	25:30.5	(64)	1:13:50.2

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