

***** TRIATHLON FEMALE RESULTS *****

Polar Bear Triathlon / Duathlon

Brunswick, Maine

May 2, 2009

Place	Cla/Tot	Bib	First Name	Last Name	Age	City	St	Team	S/a	Swim	T1	Bike	T2	Run	Official
====	=====	=====	=====	=====	===	=====	==	=====	===	=====	=====	=====	=====	=====	=====
1	1/28	1	Catherine	STERLING	33	Kents Hill	ME	Team Nor easter		6:33	0:38	30:49	0:37	20:43	59:16.6
2	1/33	67	Angela	BANCROFT	39	Paris	ME			7:04	0:40	31:07	0:36	21:22	1:00:46.2
3	1/33	122	Carrie	MCCUSKER	40	Cape Elizabeth	ME	Team Nor easter		8:23	1:07	29:55	1:02	21:42	1:02:05.3
4	2/33	148	Erin	BRENNAN	44	Portland	ME			8:28	0:55	30:13	0:52	21:56	1:02:21.8
5	2/28	157	Ann	FREEMAN	34	Portland	ME	Nor easter		7:31	0:46	31:44	0:41	21:44	1:02:24.1
6	3/33	204	Andrea	COX	40	Haverhill	MA			9:19	0:56	30:27	0:35	21:45	1:02:59.4
7	4/33	145	Jennifer	MAHONEY	42	Falmouth	ME		A	8:32	0:50	32:38	0:51	21:26	1:04:15.6
8	1/16	128	Elizabeth	JACOBSON	29	North Yarmouth	ME			8:07	1:11	30:38	1:11	23:22	1:04:25.0
9	1/26	106	Allison	STEWART	23	Lexington	KY			7:58	1:20	32:06	0:38	23:22	1:05:21.2
10	1/15	153	Kim	COLE	52	Kennebunk	ME			8:13	1:34	32:12	0:54	23:35	1:06:26.6
11	2/33	370	Nikki	DRESSER	39	Cape Elizabeth	ME	Nor easter		10:07	0:48	32:52	0:34	22:40	1:06:58.5
12	2/16	80	Jessie	ELLISALCAIDE	25	Harpswell	ME			6:31	1:43	34:17	0:22	24:13	1:07:03.0
13	3/28	130	Meghan	BENNETT	32	Kents Hill	ME			9:01	0:40	33:57	0:44	22:51	1:07:10.4
14	4/28	72	Kelsey	ABBOTT	31	Freeport	ME	Nor easter	A	7:12	1:16	32:58	0:49	25:02	1:07:15.0
15	5/28	368	Erin	MCALLISTER	33		ME	Nor easter		9:24	1:23	32:35	0:47	23:11	1:07:16.2
16	1/10	150	Mary Lou	Lowrie	58	New Gloucester	ME	Nor easter		9:29	1:18	30:46	1:01	26:40	1:09:12.6
17	3/33	386	Martha	FANNING	39	Cape Elizabeth	ME	Nor easter		9:48	0:51	33:14	1:08	24:21	1:09:19.1
18	5/33	158	Allison	DIMATTEO	40	Saco	ME			9:14	1:30	35:22	0:56	23:14	1:10:13.4
19	3/16	141	Amy	VIARA	29	Brunswick	ME	Nor easter		9:27	1:09	33:53	1:09	25:09	1:10:44.3
20	6/28	126	Kiely	GEARY	34	Cape Elizabeth	ME	Nor easter		8:51	1:02	34:16	1:05	25:50	1:11:01.6
21	4/16	107	Heidi	BATCHELDER	27	Saco	ME			7:45	2:05	36:14	0:38	24:25	1:11:04.3
22	4/33	369	Beth	ANDERSON	36	Northport	ME			8:46	1:15	34:34	1:03	25:39	1:11:14.6
23	1/6	69	Tamara	Perreault	19	Brunswick	ME		B	6:54	1:06	38:06	0:36	24:56	1:11:36.0
24	5/33	142	Robin	CARLSON	38	Portland	ME	Nor easter		10:12	0:49	36:25	0:45	23:39	1:11:46.7
25	5/16	336	Aliesha	RAUTENBERG	29	West Gardiner	ME			9:53	1:16	34:34	0:54	25:19	1:11:53.2
26	6/16	391	Katherine	Creswell	26	Brunswick	ME			11:40	1:23	35:13	0:53	23:09	1:12:15.7
27	6/33	385	Laura	BERGERON	38	Yarmouth	ME			8:52	1:32	35:54	1:06	24:57	1:12:18.6
28	2/26	334	Elizabeth	BATTIN	23	Brunswick	ME		B	10:26	0:01	37:14	0:52	23:50	1:12:21.0
29	1/20	267	Beryle	MARTIN	47	Auburn	ME			12:07	1:22	32:59	1:21	24:40	1:12:26.1
30	6/33	355	Beth	MCADAMS	44	Brunswick	ME			9:15	1:42	34:35	1:52	25:10	1:12:31.6
31	7/33	376	Dominique	SOMMER	44	Bath	ME	Nor easter		9:47	1:07	33:17	0:50	27:34	1:12:32.8
32	2/20	387	Naira	CHOKEL	47	Pepper Pike	OH	KBTC		9:44	1:09	35:44	0:54	25:09	1:12:38.0
33	7/33	239	Sara	MEERSE	39	Portland	ME			11:17	1:11	34:50	0:55	24:33	1:12:44.3
34	3/20	344	Renee	BUNKER	45	Portland	ME			10:18	1:08	35:32	0:54	25:47	1:13:36.6
35	2/6	383	Erin	HATTON	19	Brunswick	ME		B	7:56	1:57	39:40	1:22	22:58	1:13:50.2
36	7/28	293	Genell	VASHRO	31	South Portland	ME			10:16	1:23	36:11	1:00	25:24	1:14:12.4
37	7/16	140	Megan	PHILLIPS	29	Wiscasset	ME			8:52	1:22	35:22	0:49	27:58	1:14:20.1
38	8/28	91	Bernadette	SHAW	33	Scarborough	ME			7:41	0:54	36:03	0:56	28:49	1:14:20.9
39	8/16	81	Katrine	ALCAIDE	28	Harpswell	ME			6:40	1:38	37:13	0:27	28:30	1:14:25.2
40	8/33	340	Cydney	COX	39	Yarmouth	ME			10:02	1:40	35:26	1:07	26:28	1:14:39.4
41	3/26	171	Maresa	NIELSON	21	Brunswick	ME		B	10:28	1:16	36:19	0:45	25:55	1:14:40.3
42	4/20	357	Liz	JOHNSON	47	Freeport	ME			9:06	0:55	35:53	1:06	27:57	1:14:54.5
43	5/20	277	Amy	PILLITTERI	48	Belfast	ME			11:22	0:53	33:55	0:56	28:20	1:15:23.4

44	9/28	232	Jeraldine	HERRERA	34	Brunswick	ME		9:36	1:01	37:37	0:47	26:32	1:15:30.5
45	10/28	367	Sarah	JACOBS	33	Freeport	ME	A	8:24	2:11	36:37	0:56	27:39	1:15:45.0
46	9/33	339	Jennifer	HUGHES	35	Brunswick	ME		9:52	1:44	36:33	1:04	26:35	1:15:45.9
47	6/20	345	Jan	CONLEY	47	Falmouth	ME		10:31	2:09	35:57	0:54	26:19	1:15:47.9
48	8/33	297	Jill	WEYBRANT	41	Bath	ME		10:15	2:03	37:05	1:00	25:40	1:16:00.9
49	4/26	78	Caroline	SHOLL	23	Brunswick	ME	B	7:42	2:11	40:25	0:31	25:18	1:16:04.1
50	9/33	144	Kim	TYCZ	40	Brunswick	ME		7:59	1:20	37:45	1:13	27:51	1:16:06.3
51	10/33	219	Suzanne	CHASE	40	Bowdoin	ME		11:41	1:00	37:30	1:11	24:55	1:16:15.0
52	5/26	68	Rachel	GANG	20	Brunswick	ME	B	7:19	1:24	40:23	0:56	26:36	1:16:36.1
53	6/26	287	Elissa	RODMAN	22	Brunswick	ME	B	9:31	1:49	36:26	1:09	27:58	1:16:50.4
54	10/33	338	Amanda	LYNCH	35	S. Portland	ME		9:38	1:57	35:58	1:26	28:41	1:17:38.0
55	11/33	60	Hannah	WOLKEN	37	Westbrook	ME	Nor easter	12:51	2:08	38:49	1:25	22:28	1:17:38.4
56	9/16	156	Katherine	HAYES	25	Topsham	ME	A	8:20	2:12	38:27	0:37	28:05	1:17:39.1
57	11/33	342	Stacy	FRIZZLE	41	Topsham	ME		9:56	1:38	36:26	1:12	29:22	1:18:32.7
58	7/26	255	Carolyn	WILLIAMS	22	Brunswick	ME	B	11:41	1:16	37:51	0:27	27:26	1:18:38.5
59	12/33	374	Kim	MURRY	43		ME	Kennebunk Triat	11:16	1:29	35:23	1:00	30:04	1:19:09.1
60	8/26	159	Genevieve	LESLIE	24	Cambridge	MA	A	11:39	2:06	36:52	1:27	27:16	1:19:17.5
61	9/26	363	Sarah	PRITZKER	21	Brunswick	ME	B	8:55	1:07	35:33	1:04	32:41	1:19:18.2
62	10/16	98	Whitney	HOGAN	25	Boston	MA	A	8:19	2:23	40:16	2:00	26:23	1:19:18.7
63	13/33	217	Denise	CONDON	40	Yarmouth	ME		12:33	2:31	36:47	1:22	26:20	1:19:30.6
64	12/33	192	Leigh	SMALL	37	Scarborough	ME		9:48	2:05	40:16	1:28	26:02	1:19:36.8
65	10/26	254	Allison	CHAN	20	Old Lyme	CT	B	10:58	1:35	39:35	1:14	26:24	1:19:44.7
66	13/33	262	Christine	CAMACHO	39	Brunswick	ME		11:49	1:06	39:48	1:00	26:10	1:19:50.4
67	14/33	112	Robyn	MARTIN	41	Windham	ME		9:48	2:16	38:59	1:37	27:16	1:19:54.0
68	11/26	365	Camila	LOPEZ-ANIDO	22	Brunswick	ME	B	9:23	1:52	41:36	0:27	26:47	1:20:01.3
69	14/33	260	Erin	WHIPPLE	37	Yarmouth	ME		11:02	1:35	37:52	1:24	28:11	1:20:02.1
70	15/33	207	Paige	PELLERIN	43	Yarmouth	ME		10:49	2:12	38:51	1:31	26:53	1:20:13.9
71	11/28	175	Ashley	BROOKS	31	Jamaica Plain	MA		11:55	3:23	37:59	1:48	25:14	1:20:15.3
72	12/28	176	Michelle	MEDEIROS	32	Jamaica Plain	MA		11:40	3:40	37:55	1:49	25:16	1:20:17.4
73	13/28	131	Heather	SANBORN	33	Portland	ME		8:59	1:29	38:58	0:46	30:11	1:20:19.4
74	16/33	183	Rebecca	GOODWIN	44	New Gloucester	ME		9:53	2:23	38:35	1:31	28:06	1:20:24.9
75	14/28	160	Courtney	RICHAMBAULT	32	South Portland	ME		10:25	2:11	37:56	1:24	28:42	1:20:34.6
76	7/20	484	Jo Ann	PETERSON	49	Freedom	ME		13:06	2:26	38:40	1:19	25:09	1:20:37.9
77	12/26	88	Kathryn	ENGEL	22	Brunswick	ME	B	7:08	1:48	43:46	0:47	27:11	1:20:39.1
78	15/28	283	Danielle	DUBE	32	Brunswick	ME		11:31	2:19	39:15	0:30	27:09	1:20:40.2
79	13/26	364	Elita	DEFEO	22	Brunswick	ME	B	8:26	1:38	35:54	1:22	33:23	1:20:40.2
80	11/16	335	Erica	OSTERMANN	25	Brunswick	ME	A	9:56	1:48	40:32	0:37	28:06	1:20:56.5
81	16/28	394	Kathryn	Baxter	32	Biddeford	ME		10:02	1:47	38:36	2:34	28:02	1:20:58.3
82	14/26	102	Eileen	PALMER	21	Brunswick	ME	B	7:48	1:31	41:40	0:30	29:41	1:21:07.7
83	2/15	41	Kelcey	REINA	50	Windham	ME		14:18	2:21	36:59	1:22	26:11	1:21:08.8
84	3/6	97	Catherine	JOHNSTON	19	Brunswick	ME	B	7:22	2:35	44:36	0:34	26:17	1:21:22.1
85	12/16	103	Katherine	GATTI	25	Portland	ME		7:36	0:50	40:33	0:53	31:41	1:21:30.8
86	13/16	395	Suzanne	WINIECKI	28	Portland	ME	Nor easter	10:46	1:15	39:33	0:45	29:35	1:21:51.4
87	15/33	7	Kristen	MCGOVERN	35	Orono	ME		11:38	2:40	38:34	0:33	28:40	1:22:01.5
88	17/33	143	Dena	MACVANE	40	Windham	ME		10:33	1:38	38:36	1:33	29:49	1:22:06.7
89	3/15	54	Nancy	LEMIEUX	54	Brunswick	ME		10:13	1:18	40:30	1:19	28:52	1:22:09.8
90	4/6	86	Briana	WEBBER	14	Falmouth	ME		8:08	1:36	43:15	0:50	28:26	1:22:12.2
91	8/20	265	Mary	FOX	45	Brunswick	ME		11:04	1:54	39:19	1:17	28:46	1:22:18.4
92	4/15	285	Pam	BRENNAN	53	Freeport	ME		12:06	1:47	37:47	1:12	29:35	1:22:26.0
93	15/26	216	Lauren	PIERCE	22	Portland	ME		13:01	2:04	40:37	0:49	26:50	1:23:18.7
94	18/33	147	Patricia	ALTIERI	44	New Gloucester	ME		9:26	2:30	39:21	1:14	30:51	1:23:18.8

95	16/26	172 Margie	COOPER	22 Brunswick	ME	B	10:35	2:18	44:08	1:05	25:32	1:23:35.5
96	17/28	194 Alissa	BLACK	32 Weston	ME		12:07	2:06	38:58	1:13	29:19	1:23:40.6
97	17/26	289 Emily	SWAIM	23 Brunswick	ME	B	10:38	2:04	41:04	1:05	28:57	1:23:45.3
98	18/28	215 Charity	HASKIN	31 South Portland	ME		11:36	1:43	37:16	0:58	32:18	1:23:48.8
99	19/28	337 Katherine	MCPHEE	32 Bradley	ME		9:30	2:30	39:34	0:37	31:44	1:23:52.4
100	16/33	27 Kristi	HATRICK	38 Brunswick	ME		8:27	2:31	41:59	1:42	29:23	1:24:00.6
101	19/33	241 Jessica	CONLY	41 N. Berwick	ME		11:29	1:16	40:35	1:01	29:43	1:24:01.9
102	20/33	182 Vanessa	PATENAUDE	43 Mapleton	ME		12:19	2:52	38:59	1:12	28:45	1:24:04.5
103	18/26	137 Alison	SAROKHAN	22 Brunswick	ME	B	9:06	2:02	40:46	1:13	31:00	1:24:05.3
104	21/33	39 Valerie	SZEWELANCZYK	42 Topsham	ME		12:22	2:15	36:11	1:37	31:43	1:24:05.8
105	17/33	234 Ginny	MACHON	36 Brunswick	ME		16:19	1:53	40:31	0:47	24:41	1:24:08.9
106	19/26	323 Mary	MILLER	23 Brunswick	ME	B	10:32	3:15	41:31	1:03	28:03	1:24:21.5
107	5/15	270 Susan	SILVER	52 Portland	ME		10:16	2:31	37:59	2:20	31:31	1:24:34.9
108	20/28	199 Diana	THOMPSON	34 Cumberland	ME		11:29	1:58	40:43	1:02	29:31	1:24:39.2
109	18/33	275 Jessica	STEWART	36 Pownal	ME		11:00	1:27	44:32	1:05	26:44	1:24:45.0
110	20/26	333 Sara	HUBBARD	22 Indianapolis	IN	B	10:10	3:14	42:34	0:40	28:26	1:25:01.5
111	21/28	196 Sarah	MCCARTHY	31 Brunswick	ME		13:50	1:22	40:26	1:23	28:05	1:25:03.6
112	19/33	179 Celine	KUHN	37 Yarmouth	ME		11:51	2:33	42:20	1:18	27:08	1:25:07.7
113	22/33	205 Nicky	KNIGHTON	40 Freeport	ME		13:43	2:04	40:52	1:43	26:52	1:25:12.1
114	6/15	329 Anne	NAKAMURA	51 Brunswick	ME	Nor easter	10:52	1:20	37:20	1:08	34:49	1:25:27.3
115	2/10	359 Marianne	JORDAN	56 Brunswick	ME		10:18	1:34	41:28	1:54	30:19	1:25:29.9
116	9/20	284 Cathy	GORE	45 Portland	ME		13:38	2:24	39:36	0:47	29:09	1:25:31.7
117	20/33	341 Paula	HENRY	39 Middleton	MA		10:29	1:55	37:08	1:12	34:53	1:25:34.5
118	21/33	180 Hadley	HORCH	39 Portland	ME		11:27	1:23	41:57	1:28	29:29	1:25:41.4
119	22/33	237 Catherine	KING	38 Portland	ME		11:03	3:15	42:06	1:03	28:26	1:25:50.5
120	23/33	253 Jane	CADY	39 Belfast	ME	A	11:28	1:56	38:54	1:49	31:50	1:25:55.1
121	5/6	134 Andrea	NAKAMURA	19 Brunswick	ME	MTC	8:17	1:01	39:22	1:17	36:07	1:26:01.3
122	7/15	249 Kim	NORTON	52 Peaks Island	ME		10:48	3:19	39:11	1:43	31:04	1:26:02.7
123	8/15	167 Joni	HEWITT	53 Caoe Elizabeth	ME		12:26	1:34	40:39	0:48	30:38	1:26:02.8
124	22/28	161 Heather	RICHAMBAULT	33 South Portland	ME		12:58	2:21	37:00	1:31	32:47	1:26:35.0
125	24/33	393 Laura	EMPY	36 Freeport	ME	A	9:02	4:19	46:45	1:07	25:42	1:26:51.8
126	23/28	276 Jodi	BENVIE	34 Windham	ME		11:54	3:56	38:04	1:08	32:07	1:27:06.5
127	3/10	169 Sheila	GRACE	59 Cape Elizabeth	ME		12:20	2:47	39:30	0:49	31:49	1:27:13.5
128	10/20	63 Heather	HAMILTON	45 Brunswick	ME		13:03	2:18	41:42	1:27	28:54	1:27:21.3
129	21/26	223 Hayley	MCHUGH	22 Brunswick	ME	B	10:16	2:36	41:04	0:37	33:21	1:27:51.4
130	22/26	282 Amelia	LANIER	22 Brunswick	ME	B	11:51	2:01	45:55	0:51	27:19	1:27:54.7
131	23/26	225 Sophia	SIEFERT	23 Brunswick	ME	B	14:02	2:43	43:46	6:41	20:52	1:28:00.2
132	14/16	43 Karyn	RAUTENBERG	26 West Roxbury	MA		11:52	2:46	41:14	1:16	31:08	1:28:13.3
133	1/2	348 Gwendolyn	O GUIN	60 South Portland	ME	Nor easter	13:21	3:49	35:00	3:04	33:14	1:28:25.3
134	11/20	210 Melissa	REDMAN	48 Cape Elizabeth	ME		11:15	2:00	41:22	1:54	32:11	1:28:39.6
135	12/20	346 Terri	ARDEN	49 Yarmouth	ME		10:46	2:34	41:29	1:02	32:58	1:28:47.5
136	24/28	177 Laura	CLEBAK	34 Dover	NH		13:54	1:34	39:38	0:51	33:06	1:29:01.2
137	13/20	164 Lisa	MERRILL	45 Brunswick	ME	Mid Coast Multi	14:18	1:28	43:38	1:32	28:39	1:29:33.1
138	14/20	51 Ruth	BREDIGER	48 Lynn	MA		12:09	2:38	40:32	2:13	32:12	1:29:40.9
139	25/28	198 Crystal	DAVIS	34 Hollis Center	ME		13:35	2:10	41:04	0:55	32:10	1:29:52.0
140	9/15	303 Pamela	THOMPSON	54 Industry	ME		10:53	2:38	44:02	0:48	31:44	1:30:02.7
141	4/10	64 Carol	FANNING	59 South Portland	ME		16:58	3:45	43:42	1:25	24:37	1:30:24.4
142	23/33	209 Pamela	SCHLICHTING	45 New Gloucester	ME		14:02	2:22	43:18	1:19	29:44	1:30:42.9
143	24/26	174 Betsy	MCDONALD	23 Hallowell	ME	A	12:48	3:50	42:48	1:21	30:00	1:30:43.8
144	24/33	206 Brenda	JONES	41 Brunswick	ME		12:56	3:16	44:41	1:55	28:28	1:31:13.2
145	5/10	20 Mary	RIAL	59 Freeport	ME		11:07	3:39	46:27	1:17	28:47	1:31:14.9

146	25/33	8 Susan	STINSON	35 South Portland	ME		12:56	3:01	42:18	1:46	31:27	1:31:25.0
147	25/33	181 Nancy	DONSBACH	41 Brunswick	ME		11:50	3:33	41:04	1:56	33:25	1:31:45.2
148	10/15	347 Kathy	BOIS	53 Kennebunk	ME		10:15	1:39	44:29	1:47	33:48	1:31:55.0
149	15/20	220 Janet	BREWER	46 Yarmouth	ME	Team Nor-Easter	13:46	2:05	41:19	1:49	33:02	1:31:59.5
150	26/28	58 Jennifer	MAY	34 Freeport	ME		14:34	2:46	42:16	1:39	30:55	1:32:07.3
151	16/20	186 Donna	BEAULIEU	47 Poland Spring	ME		12:45	2:22	41:33	2:29	33:01	1:32:07.5
152	27/28	230 Kristina	KRAMER	30 Portland	ME		10:58	2:29	39:40	1:56	37:07	1:32:07.6
153	26/33	193 Paulette	SHERMAN	36 New Limerick	ME		11:21	1:57	39:56	1:14	37:45	1:32:11.5
154	27/33	37 Wendy	WARD	39 South Portland	ME		12:21	2:18	43:51	2:08	31:46	1:32:22.9
155	26/33	281 Meg	COON	44 Cumberland	ME		12:50	2:29	40:31	1:32	35:07	1:32:26.1
156	11/15	166 Holly	STEELE	52 Cumberland Fore	ME		12:28	2:30	42:49	1:43	32:59	1:32:27.3
157	6/10	380 Catherine	BUNK	57 Gorham	ME		10:09	2:14	43:23	1:04	36:13	1:32:59.9
158	27/33	296 Heidi	TUCKER	40 Bath	ME		11:54	3:02	44:04	1:14	32:52	1:33:02.0
159	15/16	228 Lucy	VAN HOOK	26 Hallowell	ME	A	11:50	1:52	44:28	0:44	34:12	1:33:02.8
160	28/33	178 Ellen	BEMIS	37 Presque Isle	ME		13:55	2:46	42:43	1:46	33:01	1:34:08.1
161	7/10	250 Kathryn	WILLIAMS	56 Cody	WY		11:18	1:53	45:55	0:47	34:52	1:34:42.8
162	28/33	184 Andrea	HESS	44 Brunswick	ME		13:02	4:24	40:45	2:04	34:39	1:34:50.9
163	29/33	53 Paige	CHAPMAN	39 Falmouth	ME		12:14	2:33	40:46	1:27	37:53	1:34:50.9
164	29/33	185 Christina	FISH	44 Rockland	ME		13:35	3:16	42:23	1:53	33:58	1:35:02.7
165	25/26	173 Rebecca	MALLER	22 Brunswick	ME	B	12:46	3:53	47:32	0:51	30:05	1:35:04.6
166	30/33	343 Kameron	LYNE	44 Brunswick	ME		11:40	3:12	44:51	1:48	33:59	1:35:27.1
167	17/20	390 Karen	BATES	47 Montpelier	VT		13:03	2:10	41:34	1:41	37:39	1:36:04.4
168	28/28	19 Kam	ATWOOD	31 Winterport	ME		14:46	2:46	41:37	2:18	34:41	1:36:05.6
169	31/33	45 Sarah	HALPIN	44 Porltand	ME		14:22	2:03	41:38	2:56	35:16	1:36:12.2
170	6/6	101 Elizabeth	FISHER	19 Brunswick	ME		8:55	2:20	47:03	0:43	37:47	1:36:45.3
171	18/20	52 Anne	MITCHELL	49 Yarmouth	ME		13:31	3:51	42:35	2:22	34:30	1:36:45.5
172	8/10	221 Ann	CASADY	55 Yarmouth	ME		12:06	3:05	44:12	1:09	37:02	1:37:31.3
173	16/16	229 Allison	OWENS	29 Astoria	NY		9:24	2:11	55:08	1:16	29:39	1:37:35.6
174	19/20	317 Cindy	BROWN	47 Brunswick	ME		11:04	3:21	47:53	0:57	34:30	1:37:42.9
175	12/15	189 Cynthia	FISHER	53 Brunswick	ME		16:38	2:34	44:22	1:05	33:18	1:37:54.9
176	13/15	32 Joanne	PETKUS	51 Auburn	ME		15:20	1:54	45:44	1:26	34:20	1:38:41.2
177	14/15	29 Gail	DERICE	54 Falmouth	ME		12:55	4:33	41:26	2:13	39:54	1:40:59.3
178	32/33	218 Anne	DUNHAM	40 Bath	ME		14:39	4:54	48:09	1:58	31:27	1:41:04.9
179	30/33	238 Riley	YOUNG MORSE	38 Richmond	ME		13:18	3:58	43:28	3:25	37:11	1:41:18.8
180	31/33	9 Heidi	TODD	38 Freeport	ME		13:32	2:56	42:56	1:45	40:25	1:41:31.8
181	26/26	24 Linda	TAN	24 West Hartford	CT	A	17:46	2:24	50:11	0:51	31:11	1:42:21.3
182	1/1	251 Beth	BIRCH	68 New Gloucester	ME		13:32	3:27	44:43	2:26	40:38	1:44:44.3
183	1/1	170 Rika	VAN WILLIGEN	71 Woolwich	ME		14:14	2:20	50:56	1:26	36:56	1:45:49.9
184	9/10	190 Amy	HUGHES	57 Winthrop	ME		13:25	3:43	46:38	2:03	40:23	1:46:10.3
185	32/33	44 Aimee	ELDRIDGE	38 Brunswick	ME		16:57	4:22	48:47	1:34	34:42	1:46:19.8
186	33/33	62 Janet	COLLERAN	43 Topsham	ME		14:56	2:10	48:04	2:15	39:02	1:46:24.0
187	33/33	18 Jill	Chouinard	39 Bucksport	ME		15:03	2:33	51:10	1:01	39:07	1:48:52.1
188	2/2	55 Mari	MIYA	60 Pownal	ME		17:54	3:43	48:31	1:19	38:07	1:49:32.2
189	20/20	14 Christine	MICHUAD	49 Topsham	ME		14:36	4:05	46:05	1:59	44:29	1:51:11.3
190	15/15	15 Libbie	ANDERSON	50 Phippsburg	ME		13:25	3:44	48:43	2:49	44:27	1:53:04.8
191	10/10	56 Carol	CAIN	59 Cumberland Fore	ME		17:14	4:28	47:36	2:18	42:24	1:53:57.5

***** TRIATHLON MALE RESULTS *****

Polar Bear Triathlon / Duathlon

Brunswick, Maine

May 2, 2009

Place	Cla/Tot	Bib	First Name	Last Name	Age	City	St	Team	S/a	Swim	T1	Bike	T2	Run	Official
====	=====	=====	=====	=====	===	=====	==	=====	===	=====	=====	=====	=====	=====	=====
1	1/21	85	Mike	CAIAZZO	33	Westbrook	ME			7:07	0:40	27:10	0:36	17:06	52:36.6
2	1/22	76	Kurt	PERHAM	38	Brunswick	ME	Nor easter		8:00	0:37	26:55	0:32	19:00	55:00.7
3	2/21	94	Doug	WELLING	30		ME	Nor easter		7:38	0:46	27:47	0:30	20:02	56:40.4
4	1/20	115	Robert	FAST	47	Cumberland	ME	Nor easter		8:33	0:39	28:35	0:53	18:51	57:28.9
5	1/23	83	Steven	TENNEY	41	Falmouth	ME	Nor easter		6:51	0:39	29:12	0:36	20:51	58:06.5
6	3/21	104	Brett	HELLSTEDT	34	North Yarmouth	ME			7:54	1:00	28:38	0:41	20:05	58:14.9
7	2/20	116	Jeff	FISHER	47	Durham	ME			8:35	0:58	27:41	0:42	20:36	58:30.6
8	1/7	139	Shawn	BERRY	28	Caribou	ME			8:08	0:35	29:16	0:41	19:55	58:32.5
9	2/7	96	Jeremy	HUCKINS	27	Lebanon	NH	Dartmouth Endur A		8:25	0:45	29:33	0:48	19:34	59:03.8
10	4/21	26	Milan	BABIK	30	Vassalboro	ME			8:36	0:35	28:09	0:34	21:37	59:28.6
11	2/23	155	Guillermo	HERRERA	42	Brunswick	ME			8:26	0:36	29:27	0:46	21:19	1:00:32.1
12	3/23	149	Greg	GOODHUE	44	Sidney	ME			9:07	0:53	30:34	0:41	19:36	1:00:47.8
13	1/21	70	Morgan	MACLEOD	22	Orrs Island	ME		B	7:58	1:13	28:11	0:52	22:48	1:00:59.4
14	2/22	75	Jeff	SMALL	37	Scarborough	ME			6:34	1:01	31:17	0:36	21:42	1:01:07.9
15	2/21	65	Blake	WHEALE	23	Brunswick	ME		B	6:36	1:01	32:44	0:37	20:45	1:01:40.9
16	3/22	132	Timothy	KEENE	36	Portland	ME			8:32	0:49	29:46	0:39	22:02	1:01:45.7
17	4/23	113	John	TOTMAN	43	Phippsburg	ME	Nor easter		8:03	0:47	30:35	0:41	21:44	1:01:48.0
18	4/22	258	Kirk	FONGEMIE	35	Portland	ME			11:23	1:00	28:21	0:57	20:18	1:01:57.8
19	5/22	381	Mike	MACDONALD	37	Buxton	ME			8:29	0:28	30:11	0:39	22:33	1:02:17.0
20	5/21	354	Matt	GEARY	34	Cape Elizabeth	ME	Nor easter		8:41	0:57	30:01	0:48	21:58	1:02:22.8
21	6/21	109	Peter	MCDUGALL	32	Freeport	ME	Nor easter		8:18	0:51	32:04	0:37	20:44	1:02:31.0
22	3/20	79	Stephen	BARR	47	North Yarmouth	ME			7:22	1:04	31:45	0:53	21:49	1:02:51.0
23	3/21	123	Luke	SALVATO	20	Brunswick	ME		B	8:12	1:25	29:27	1:30	22:34	1:03:05.5
24	3/7	366	Harris	NAVELSKI	28	Falmouth	ME		B	9:09	0:49	28:00	0:39	24:41	1:03:16.1
25	7/21	360	Mike	KRAMER	33	Portland	ME	Nor easter		8:54	0:58	30:49	0:58	21:47	1:03:24.5
26	4/21	124	Alex	GRABER	23	Brunswick	ME		B	8:19	1:25	31:40	0:54	21:10	1:03:25.6
27	4/20	90	Jeffrey	BANGER	48	Woolwich	ME			8:24	1:32	31:38	0:57	21:02	1:03:29.8
28	5/21	93	Stephen	WALL	24	Lynn	MA			8:06	0:52	31:32	0:42	22:45	1:03:54.5
29	8/21	108	Chris	CALLAN	32	Portland	ME	Nor easter		8:14	0:40	32:01	0:44	22:22	1:03:59.3
30	5/23	114	Marcus	DECK	44	Brunswick	ME			8:29	0:59	31:36	0:48	22:21	1:04:10.9
31	6/22	110	Jon	GIBBONS	35	Needham	ME		A	8:16	0:58	31:39	0:43	23:36	1:05:09.1
32	9/21	353	Jonathan	KELLEY	32	Fort Kent	ME			8:39	0:51	33:13	0:47	21:51	1:05:18.2
33	1/15	118	Eric	DUNN	55	Yarmouth	ME			8:15	1:17	32:19	0:46	22:50	1:05:24.0
34	7/22	82	Dave	PELLETIER	38	Portland	ME	Nor easter		9:41	1:08	30:43	0:47	23:46	1:06:02.4
35	5/20	127	Paul	SHUMAKER	48	Biddeford	ME			7:26	1:02	33:03	0:52	23:56	1:06:16.8
36	6/21	286	Conor	WALSH	20	Brunswick	ME		B	9:30	1:36	32:22	1:14	21:39	1:06:19.0
37	6/23	240	Michael	CHASE	40	Bowdoin	ME			10:05	0:55	31:39	0:55	23:17	1:06:49.4
38	8/22	236	Kenneth	CLEBAK	36	Dover	NH			10:14	0:49	31:59	0:47	23:03	1:06:50.7
39	7/21	84	Adam	SMITH	22	Morrill	ME			7:37	1:45	30:59	0:52	25:49	1:06:59.1
40	2/15	119	Chuck	CHOKEL	56	Pepper Pike	OH	KBTC		8:31	1:52	32:50	0:58	22:52	1:07:00.2
41	3/15	392	Roy	NAKAMURA	55	Brunswick	ME			11:27	0:56	31:26	0:54	22:26	1:07:06.3
42	1/11	306	Paul	NIEHOFF	54	Portland	ME			10:37	1:42	28:53	0:53	25:09	1:07:11.9
43	6/20	328	Charles	MELTON	48	Biddeford	ME			10:14	0:44	34:09	0:35	21:47	1:07:25.2

44	2/11	304	Larry	DREHER	54	Topsham	ME	MTC	10:49	0:59	31:22	0:46	23:32	1:07:25.8
45	4/15	95	Peter	LAFOND	58	Falmouth	ME		8:03	1:03	31:14	0:52	26:22	1:07:31.0
46	9/22	263	Jamie	LOGGINS	39	Auburn	ME	Nor-Easter	11:34	1:28	31:27	0:55	22:28	1:07:49.4
47	1/8	105	Kean	MCDERMOTT	18	Bath	ME		8:27	1:28	35:13	0:24	22:25	1:07:54.8
48	10/21	6	Todd	PROULX	31	South Portland	ME		9:26	1:04	33:31	0:49	23:09	1:07:55.9
49	3/11	117	Christian	VAN DYCK	50	Brunswick	ME		8:00	1:49	33:37	1:07	23:26	1:07:56.9
50	8/21	288	Barrett	BROWN	22	Brunswick	ME		9:33	1:57	33:55	1:30	21:05	1:07:57.5
51	9/21	66	Christian	HURST	21	Brunswick	ME		6:24	1:25	35:58	0:40	23:33	1:07:58.3
52	10/22	362	Matt	O DONNELL	37	Pittston	ME		10:33	1:50	31:00	1:44	24:18	1:09:22.2
53	7/23	372	Chris	VOLAN	41	Scarborough	ME		9:16	1:10	33:19	0:43	25:02	1:09:27.9
54	4/7	252	Jeremy	DUMOND	25	South Portland	ME		10:28	2:02	34:33	0:46	21:49	1:09:34.7
55	10/21	226	John	GREENE	24	Brunswick	ME		11:18	2:25	32:48	1:30	21:40	1:09:38.8
56	2/8	312	Patrick	ENGLEHARDT	19	Fayette	ME		9:37	1:03	32:53	0:42	25:33	1:09:48.0
57	11/21	291	Nick	SMITH	24	Brunswick	ME		8:56	1:38	34:48	1:03	23:33	1:09:54.0
58	8/23	373	David	SMITH	42	West Bath	ME	Midcoast Triath	9:05	1:05	32:45	0:40	26:28	1:10:00.3
59	12/21	256	Michael	ARDOLINO	23	Hartford	CT		10:20	1:30	32:26	1:04	24:43	1:10:00.7
60	7/20	377	Bob	BRAINERD	47	Lewiston	ME		9:28	1:11	33:09	1:06	25:21	1:10:12.4
61	9/23	299	Chad	LEWIS	41	Augusta	ME		9:43	0:49	34:50	0:49	24:26	1:10:34.7
62	8/20	247	Mark	FAVREAU	49	Bowdoinham	ME		11:54	1:43	31:09	1:05	24:53	1:10:42.4
63	5/15	309	Robert	KLINE	58	Falmouth	ME		9:21	1:15	33:23	1:09	25:47	1:10:53.2
64	11/21	125	Jeff	GOLDMAN	33	Portland	ME		7:21	1:37	36:20	1:19	24:30	1:11:04.4
65	13/21	222	Benjamin	BRENNAN	20	Freeport	ME		10:50	1:41	35:31	1:24	21:55	1:11:18.6
66	14/21	351	Andy	BELL	21	Brunswick	ME		9:31	1:31	35:44	0:52	23:48	1:11:23.9
67	15/21	135	Christian	LAROCHELLE	20	Brunswick	ME		9:25	1:57	36:13	1:12	22:45	1:11:29.7
68	3/8	22	Robbie	JOHNSON	16	Freeport	ME		6:47	0:47	35:49	0:50	27:19	1:11:30.1
69	11/22	279	Matt	FURTNEY	37	Freeport	ME		10:42	1:59	35:59	1:02	22:16	1:11:56.0
70	9/20	302	Tom	VAUGHAN	48	Cape Elizabeth	ME		10:19	1:25	36:10	1:07	22:59	1:11:57.1
71	10/20	378	Eric	COBB	49	Auburn	ME	Nor easter	9:27	1:10	32:15	0:55	28:14	1:11:57.7
72	4/8	350	Carl	PILLITTERI JR	14	Belfast	ME		7:46	1:13	35:41	1:16	26:15	1:12:09.5
73	5/8	311	Greg	CONYERS	19	Brunswick	ME		10:55	1:37	36:35	0:28	22:44	1:12:15.9
74	11/20	301	Howard	COON	47	Cumberland	ME		10:18	1:26	32:09	0:44	27:55	1:12:29.3
75	12/21	233	Andrew	MALINOWSKI	34	Gardiner	ME		9:58	1:09	35:48	0:47	24:52	1:12:31.0
76	12/20	244	Scott	HUMPHREY	45	Bowdoin	ME		10:00	0:53	33:42	1:04	27:18	1:12:53.2
77	4/11	314	Mark	GRANDONICO	50	Bath	ME		10:34	1:43	33:03	1:34	26:17	1:13:07.9
78	10/23	99	Matt	SULLIVAN	41	Portland	ME		10:25	1:43	35:01	1:07	24:59	1:13:13.6
79	13/21	295	Brandon	ZACHERY	31		ME		10:13	1:29	34:59	1:25	25:16	1:13:19.5
80	16/21	4	Eric	STAILING	24	Brunswick	ME		9:45	1:37	35:52	1:07	25:05	1:13:23.1
81	17/21	49	Zachary	KUBETZ	20	Brunswick	ME		11:56	2:04	37:39	0:58	21:03	1:13:36.4
82	5/11	269	Thomas	GREENIER	50	Bath	ME		11:51	2:06	35:52	0:33	23:40	1:13:59.9
83	12/22	111	Jason	LEGGETT	39	Windham	ME	Kennebunk Triat	8:12	0:55	35:37	2:04	27:19	1:14:05.8
84	11/23	242	Dino	DESANCTIS	41	Gorham	ME		10:15	1:34	37:35	1:15	23:35	1:14:11.5
85	12/23	146	Chris	MATAVA	42	Bath	ME		8:26	1:20	35:57	1:09	27:36	1:14:26.5
86	13/20	356	Humphrery	JOHNSON	46	Freeport	ME		8:34	1:46	35:21	1:05	27:47	1:14:30.7
87	18/21	290	Zachary	TCHEYAN	23	Cambridge	MA		11:02	1:26	36:33	1:34	24:05	1:14:37.5
88	14/20	40	John	AMBROSE	47	Portland	ME		9:50				20:34	1:14:40.0
89	13/23	243	Phillip	COYNE	43	Woolwich	ME		11:10	2:43	34:46	1:44	24:28	1:14:48.3
90	13/22	11	Walter	SZEWELANCZYK	38	Topsham	ME		16:17	1:35	32:32	1:21	23:07	1:14:50.1
91	14/23	208	Scott	STEVENSON	43	Brunswick	ME		10:54	1:34	34:23	1:08	27:00	1:14:55.8
92	14/21	35	David	BEAN	33	South Portland	ME		10:46	2:12	34:02	1:29	26:40	1:15:05.7
93	15/23	300	Robert	KUTZER	44	Gorham	ME		9:42	1:26	34:27	0:56	28:39	1:15:06.9
94	6/15	358	Jeffrey	COLE	55	Kennebunk	ME		10:01	1:30	34:30	0:55	28:53	1:15:47.6

95	5/7	352 Nicholas	MADAFFER	27 Biddeford	ME	9:49	1:52	35:12	1:16	27:43	1:15:49.2
96	15/21	294 Gregory	OWENS	31 Providence	RI	8:23	1:37	38:57	1:07	26:06	1:16:07.0
97	6/7	138 Patrick	POWELL	28 Portland	ME	9:27	1:40	36:27	1:03	27:42	1:16:17.2
98	6/11	271 Pete	OWEN	53 Bath	ME	10:06	1:48	36:36	1:38	26:14	1:16:19.2
99	1/6	322 Todd	SMITH	61 Kennedunk Port	ME Kennebunk Triat	10:09	1:39	35:17	1:04	28:16	1:16:23.4
100	16/21	326 Ryan	GUITE	33 Westbrook	ME Nor easter	10:21	1:08	34:25	0:56	30:01	1:16:49.0
101	14/22	257 Matthew	LAFORGE	35 Brunswick	ME	10:28	1:09	35:31	1:09	28:36	1:16:50.1
102	15/20	165 Steve	LEARY	49 Falmouth	ME	10:43	1:49	36:17	1:40	26:32	1:16:58.3
103	16/20	266 David	TOOTHAKER	46 Brunswick	ME	10:34	1:19	34:36	1:00	29:40	1:17:06.1
104	2/6	330 Robert	BEAN	62 Mesquite	NV	10:06	2:25	36:19	1:53	26:41	1:17:21.1
105	3/6	21 Michael	LINVILLE	62 Naples	ME	8:28	2:49	39:33	0:58	25:42	1:17:27.4
106	7/15	308 Charles	Baird	58 South Portland	ME	8:40	1:58	38:22	0:41	28:08	1:17:46.6
107	15/22	10 Mike	MCKEEN	38 Scarborough	ME	12:09	1:52	37:27	0:35	26:05	1:18:05.6
108	16/23	163 Ron	LOWELL	43 Gorham	ME	12:51	2:18	35:46	1:40	25:42	1:18:15.5
109	4/6	274 John	LIGHTBODY	63 Falmouth	ME Nor easter	11:50	1:46	34:50	1:06	28:47	1:18:16.0
110	7/11	305 Stephen	JORDAN	54 Yarmouth	ME Nor easter	10:57	2:02	35:28	1:51	28:14	1:18:29.5
111	17/23	382 Erik	LANGENBACH	41 Yarmouth	ME	9:00	2:20	40:47	0:59	26:14	1:19:17.3
112	16/22	261 Justin	LEBLANC	38 South Portland	ME	10:07	1:30	38:42	0:58	28:04	1:19:18.6
113	17/22	202 Chad	DAVIS	36 Hollis	ME	11:12	2:38	39:25	0:40	25:33	1:19:26.3
114	8/15	307 Nils	TCHEYAN	55 Cherry Chase	MD	10:04	1:33	35:37	1:26	31:11	1:19:47.2
115	18/22	36 Rob	WARD	36 Steep Falls	ME	12:31	1:05	36:56	0:32	28:52	1:19:54.1
116	19/22	280 Chris	LEDWICK	37 Brunswick	ME	12:15	2:32	36:26	0:53	28:13	1:20:18.3
117	9/15	278 Steven	JOY	56 Ellsworth	ME	12:37	2:22	37:43	0:47	26:59	1:20:25.8
118	10/15	168 Cd	ARMSTRONG	55 Scarborough	ME	12:09	2:17	39:06	1:51	25:06	1:20:26.9
119	6/8	92 John	O GORMAN	14 Yarmouth	ME	7:40	2:03	40:27	0:56	30:09	1:21:12.6
120	11/15	272 Carl	GERCKE	55 Falmouth	ME	12:16	2:09	38:02	1:46	27:09	1:21:20.2
121	20/22	201 Evan	KEEFER	35 Portland	ME Nor easter	13:22	2:28	38:26	1:28	25:50	1:21:31.3
122	19/21	191 Mark	NEWMAN	22 Brunswick	ME	11:45	1:51	41:11	0:43	27:03	1:22:31.3
123	7/7	71 Corey	SEIFERT	27 Morristown	NJ	9:00	2:05	42:26	0:44	28:30	1:22:42.1
124	17/20	152 Robert	KREBS	49 Lisbon	ME	8:44	2:45	40:31	1:15	30:11	1:23:24.0
125	8/11	133 Kyle	MURRAY	50 Amherst	NH	7:52	2:48	38:06	2:35	32:16	1:23:35.2
126	20/21	23 Nick	PEDDLE	22 Brunswick	ME	10:28	3:29	40:59	0:48	28:42	1:24:24.2
127	5/6	273 Rich	CROMWELL	63 Brunswick	ME Nor easter	11:41	1:58	37:19	1:17	32:35	1:24:46.3
128	17/21	200 Timothy	BLACK	34 West Gardiner	ME	11:43	3:13	38:58	1:24	30:00	1:25:15.6
129	21/22	203 Ben	LOWENSTEIN	39 York	ME	14:07	2:46	38:04	1:11	29:45	1:25:49.9
130	18/20	28 Mark	BATES	47 Montpelier	VT	12:43	3:26	38:53	2:14	28:39	1:25:52.3
131	19/20	13 Michael	COLLERAN	48 Topsham	ME	13:10	3:16	40:35	1:26	27:45	1:26:09.6
132	18/23	162 Jeffrey	GILMAN	41 Brunswick	ME	14:10	2:54	40:40	0:48	28:15	1:26:45.5
133	18/21	231 Rob	HUNT	32 Buxton	ME	11:34	2:28	43:51	1:57	27:00	1:26:47.9
134	21/21	34 Evan	NOVAK	21 Woodbridge	VA	12:18	4:15	39:24	1:50	29:52	1:27:37.3
135	19/21	50 Malcolm	TOON	34 Portland	ME	14:39	2:34	37:19	1:33	31:48	1:27:50.5
136	19/23	298 William	STRITCH	41 Gray	ME	9:33	2:37	39:34	1:32	35:18	1:28:30.6
137	9/11	379 David	ARDEN	50 Yarmouth	ME	9:10	2:29	42:30	0:52	33:45	1:28:44.4
138	20/21	129 Benjamin	SHAW	31 Scarborough	ME	9:10	1:55	42:57	1:11	33:45	1:28:55.8
139	20/23	264 Kevin	WEBB	43 York	ME	10:34	2:32	43:56	1:36	30:24	1:28:59.6
140	21/21	197 Jon	HANISKO	33 Gorham	ME	12:49	2:57	39:46	1:08	33:35	1:30:13.0
141	7/8	57 Armand	MADERAL	17 Brunswick	ME	16:55	3:06	40:32	0:36	29:16	1:30:22.0
142	12/15	16 Richard	FORTIN	57 North Yarmouth	ME	14:41	3:38	38:21	2:11	32:28	1:31:16.1
143	10/11	318 Brian	WALL	54 Caribou	ME	9:58	1:06	52:53	1:03	26:43	1:31:39.5
144	13/15	42 Tom	NOVAK	56 Woodbridge	VA	12:21	4:13	39:25	2:52	34:48	1:33:36.8
145	20/20	246 Chris2	MCGINN	48 Portland	ME	11:26	2:41	39:15	1:19	39:09	1:33:47.2

146	21/23	38	Timothy	BOWDEN	40	Falmouth	ME		11:42	3:00	41:28	2:22	36:32	1:35:02.1
147	6/6	213	Paul	WHITEHOUSE	61	Brunswick	ME		12:23	4:24	37:21	3:33	37:26	1:35:04.5
148	14/15	212	Rick	KARKOS	55	Topsham	ME		12:32	3:21	44:08	1:02	34:52	1:35:53.3
149	11/11	211	Dave	BOIS	53	Kennebunk	ME		13:16	2:28	45:17	1:40	33:51	1:36:28.9
150	22/23	46	Andrew	MASON	44	Topsham	ME		15:36	3:40	42:00	1:11	34:12	1:36:37.1
151	23/23	12	Shawn	OLEARY	43	Topsham	ME		13:32	2:26	44:20	1:09	36:35	1:37:58.9
152	8/8	33	Thomas	WILLIAMS	18	Brunswick	ME		18:09	2:00	47:31	0:36	31:54	1:40:06.8
153	22/22	389	Kent	SCATES	36		ME		16:34	6:19	47:44	3:04	35:02	1:48:40.1
154	15/15	48	William	FISHER	56	Brunswick	ME	Mid Coast Multi	15:17	2:50	44:29	2:15	46:49	1:51:38.9

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***** DUATHALON FEMALE RESULTS *****

Polar Bear Triathlon / Duathlon
Brunswick, Maine
May 2, 2009

Place	Pla/Tot	Bib	First Name	Last Name	Age	City	St	Team	S/a	Swim	T1	Bike	T2	Run	Official
1	1/2	492	Elizabeth	TURNER	25	Cape Neddick	ME			15:23	0:56	38:10	0:58	20:29	1:15:53.0
2	1/7	499	Kathleen	HEATH	38	Topsham	ME			15:14	1:23	37:09	0:54	22:55	1:17:34.0
3	1/4	486	Eileen	BRANDES	20	Falmouth	ME			15:05	0:54	38:57	1:11	22:13	1:18:17.3
4	1/2	495	Jocelyn	OLSEN	31	Portland	ME			15:22	0:55	37:55	0:26	23:44	1:18:19.9
5	2/2	493	Ashley	SOUCIE	26	Cumberland	ME			17:02	1:11	35:41	0:59	23:57	1:18:48.9
6	1/3	436	Gail	FAVREAU	40	Charlestown	MA			15:51	1:05	38:43	1:11	23:27	1:20:13.1
7	2/7	497	Teena	BOURQUE	37	Springvale	ME			16:39	1:08	38:17	0:43	24:49	1:21:33.7
8	2/4	491	Rebecca	SPIRO	24	Brunswick	ME		B	17:17	1:01	36:47	1:15	26:11	1:22:28.7
9	3/4	490	Annie	CHISHOLM	23	Brunswick	ME		B	17:18	0:41	37:50	0:31	27:08	1:23:27.0
10	2/3	433	Judith	Tammara	44	Portland	ME			17:20	1:24	35:47	1:39	27:57	1:24:04.0
11	2/2	494	Molly	CASTO	31	South Portland	ME			17:25	1:07	37:53	1:14	27:07	1:24:43.6
12	3/7	483	Elizabeth	CLOUGH	35	Wells	ME			17:16	1:06	42:37	1:23	25:10	1:27:30.8
13	4/7	432	Michelle	DOHERTY	37	Brunswick	ME			17:31	1:33	41:12	2:48	24:49	1:27:49.5
14	3/3	437	Kathy	FLEURY	43	Winslow	ME			19:42	1:22	35:55	1:12	30:59	1:29:06.9
15	1/5	442	Carol	BLAKENEY	48	Cumberland	ME			18:10	1:28	40:02	2:04	28:05	1:29:46.7
16	1/6	188	Jan	REALE	50	Cape Elizabeth	ME			18:43	1:06	41:34	0:59	29:28	1:31:48.7
17	2/6	448	Janet	GRONDIN	52	Brunswick	ME			18:31	1:26	41:31	4:12	26:55	1:32:32.9
18	3/6	444	Anne	O BRIEN	50	Cape Elizabeth	ME	Nor easter		19:38	1:21	40:59	1:02	30:19	1:33:16.7
19	4/6	443	Karen	GROSS	52	Augusta	ME			19:39	0:56	42:09	1:07	29:33	1:33:21.5
20	5/7	435	Cathryn	DOUGLASS	39	Portland	ME			20:49	1:30	41:04	1:30	30:59	1:35:49.4
21	2/5	439	Bonnie	EMMERTZ	45	Falmouth	ME			19:43	2:38	42:06	2:21	29:20	1:36:06.1
22	4/4	489	Erin	YORK	22	Brunswick	ME		B	19:16	0:50	44:16	0:46	31:07	1:36:12.6
23	3/5	438	Michelle	BRODERICK	45	Freeport	ME			19:22	1:25	42:26	1:30	32:50	1:37:31.3
24	4/5	440	Mary	MACHADO	46	Waterville	ME			23:35	2:27	43:02	1:39	26:57	1:37:36.3
25	1/1	482	Kaitlin	CLIFFORD	19	Brunswick	ME		B	17:05	1:16	52:28	0:49	26:29	1:38:04.9
26	5/6	447	Mary	BRANDES	51	Falmouth	ME			19:37	2:09	43:56	1:46	31:45	1:39:11.3
27	6/7	500	Denise	BRILLIANT	39	Standish	ME			20:33	3:07	43:02	2:15	33:08	1:42:02.9
28	7/7	434	Jill	MANUEL	39	Brunswick	ME			22:05	1:01	50:27	1:26	33:38	1:48:34.3
29	6/6	446	Peggy	GRONDIN	51	North Conway	NH			24:31	2:15	47:19	1:48	40:40	1:56:30.9

***** DUATHALON MALE RESULTS *****

Polar Bear Triathlon / Duathlon
Brunswick, Maine
May 2, 2009

Place	Cl	Tot	Bib	First Name	Last Name	Age	City	St	Team	S/a	Swim	T1	Bike	T2	Run	Official
1	1/8		466	Robert	TURNER	40	Windham	ME			13:55	0:39	27:24	0:39	20:37	1:03:12.2
2	1/1		457	Kurt	SCHWANDA	28	Gorham	ME			12:55	0:42	31:50	0:46	19:37	1:05:47.0
3	1/3		454	Dillon	LUCIER	20	Old Town	ME	Seacoast Rip Ti		14:01	0:37	30:08	0:38	21:38	1:06:59.6
4	2/3		456	Tyler	LITTLEFIELD	24	York Harbor	ME			13:59	0:50	31:04	0:39	21:59	1:08:28.0
5	2/8		471	Mark	BURNS	43	Cape Elizabeth	ME		A	14:19	0:32	30:45	0:39	22:46	1:08:58.0
6	3/8		464	Dave	BRACKETT	40	Westbrook	ME			15:13	1:32	30:29	0:49	22:08	1:10:07.7
7	1/3		460	Marshall	HIGGINS	35	South Portland	ME			14:54	1:00	32:03	0:58	22:35	1:11:27.0
8	3/3		455	Dominic	FITZPATRICK	22	Brunswick	ME		B	14:43	0:48	34:47	0:43	22:03	1:13:02.4
9	4/8		470	Michael	MATHESON	42	Gorham	ME	Independant		14:44	0:51	32:11	0:26	24:56	1:13:05.8
10	1/3		472	Dana	SNYDER	45	Brunswick	ME			15:01	1:09	33:44	0:51	23:10	1:13:52.8
11	1/1		459	John	GENDRON	34	Lewiston	ME			14:59	1:13	34:39	1:15	24:33	1:16:37.5
12	1/3		476	Peter	ESPONNETTE	50	Auburn	ME			16:19	0:54	33:52	0:58	24:43	1:16:42.5
13	2/3		461	Jeff	RICHARDS	36	Durham	ME			17:09	1:10	33:20	1:05	26:53	1:19:33.7
14	1/2		453	Vincent	SALVATO	17	Winslow	ME			15:56	1:49	36:47	1:36	24:04	1:20:09.6
15	2/3		478	Anthony	JESSEN	50	Freeport	ME			17:46	2:06	36:10	1:04	27:19	1:24:23.5
16	2/3		475	Roberto	LOPEZ-ANIDO	48	Orono	ME			16:40	1:36	38:21	1:07	27:22	1:25:03.2
17	5/8		468	Henk	JORDAAN	42	Winslow	ME			17:56	0:58	37:41	0:52	29:27	1:26:52.2
18	3/3		477	Jim	FAVREAU	50	Brunswick	ME	Midcoast Triath		19:38	0:48	36:43	0:43	29:33	1:27:22.8
19	1/1		480	Dennis	LEMIEUX	56	Brunswick	ME			18:58	1:16	40:28	0:37	28:13	1:29:29.1
20	6/8		465	Kerem	DURDAG	40	Scarborough	ME			17:04	1:25	41:17	1:28	28:31	1:29:42.3
21	7/8		469	Matthew	KLINGLE	42	Brunswick	ME			17:58	2:20	37:53	4:03	28:37	1:30:47.9
22	3/3		462	Timothy	COLLINS	39	Natick	MA			17:12	1:40	45:59	1:08	27:24	1:33:21.0
23	2/2		452	Pablo	MADERAL	15	Brunswick	ME	BHS Tri-Club		18:33	0:41	43:47	0:39	33:17	1:36:54.2
24	8/8		451	John	HARTLEY	41	South Portland	ME			23:55	1:19	44:32	1:21	36:13	1:47:18.0
25	3/3		474	Gregory	BAILEY	48	Chelsea	ME			7:22					

***** TRIATHLON COED TEAM RESULTS *****

Polar Bear Triathlon / Duathlon
Brunswick, Maine
May 2, 2009

Place	Bib	Team	St	Swim	T1	Bike	T2	Run	Official
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Place	Bib	Team	Stud	Swim	T1	Bike	T2	Run	Official
1	154	Got Da Boost		8:53	0:29	30:17	0:19	22:22	1:02:17.7
2	331	Just Tri It		9:53	0:36	34:56	0:25	20:45	1:06:32.5
3	316	Team Guliani		11:50	0:51	33:25	1:20	20:27	1:07:49.1
4	310	Triathlobytes		9:40	0:32	33:59	0:36	24:50	1:09:34.4
5	321	3 College Kids	S	9:31	0:26	38:15	0:23	21:46	1:10:18.3
6	320	Hillman Trio		10:21	0:38	37:21	0:30	23:28	1:12:15.1
7	77	Hustling Horstko		7:06	0:35	38:06	0:31	28:59	1:15:14.5
8	292	Team Amy		11:20	0:31	35:50	0:35	29:27	1:17:40.3
9	30	G.Lyn		9:38	0:56	39:36	0:40	45:10	1:35:58.3
10	319	Efcubed		8:54	0:51	54:04	0:55	43:39	1:48:20.2

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***** TRIATHLON FEMALE TEAM RESULTS *****

Polar Bear Triathlon / Duathlon
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Place	Bib	Team	Stud	Swim	T1	Bike	T2	Run	Official
1	121	Kansada D.C	S	7:47	0:36	41:17	0:24	27:03	1:17:05.4
2	315	HEM		10:42	0:37	46:53	0:39	26:59	1:25:48.5

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***** TRIATHLON MALE TEAM RESULTS *****

Polar Bear Triathlon / Duathlon
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Place	Bib	Team	Stud	Swim	T1	Bike	T2	Run	Official
1	361	Up Town Sorority		8:27	0:21	32:26	0:21	21:06	1:02:39.5
2	259	Team Triple Thre		9:55	0:29	37:46	0:27	25:16	1:13:51.7
3	120	Haley s Comets		9:18	0:39	43:46	0:25	28:33	1:22:38.4
4	17	L Homme du Norde		12:06	0:40	39:46	0:34	29:56	1:22:59.3

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***** DUATHLON MALE TEAM RESULTS *****

Polar Bear Triathlon / Duathlon
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Place	Bib	Team	Stud	Swim	T1	Bike	T2	Run	Official
1	450	Team Belfast		19:20	0:37	37:02	0:36	23:31	1:21:04.3

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